



***River of Breath*
and
Breath Art
by Margot Biestman**

Margot Biestman, internationally recognized teacher and trainer of *Middendorf Breathexperience*, artist, and author of several books and articles will sign her latest books:

**Ala Kukui's Halau Poli Laua'e—4224 Hana Highway
Saturday, January 31, 2009
1:00-2:30 p.m.
Hana, Maui
Hawaii**

Come at 1:00 to gather together. The presentation will begin at 1:15 with a talk about the books and how they came to be, reading of a few passages, questions and answers, and “talk stories.” At 2:00 will be a book-signing.

*“Meet Margot Biestman in **River of Breath** and be inspired and encouraged to meet yourself!*
Juerg Roffler, Director, *Middendorf Institute for Breathexperience*

“Authentic to the core...you don't read this book—you experience it. I breathe more consciously through each exquisite life tale, poem, and artwork. It flows and guides my flowing. Totally unique.”

Nancy Herrick, Physician's Assistant, Homeopath

“Margot Biestman is saying something very personal and distinct, yet universal at the same time. She creates a portal through which others can walk into an experiential realm. She manages to do this succinctly, in a few lines, in such a way that I am reminded of the very best poetry—where the poet is saying the deepest truth of what he or she knows.”

Ann Nix, M.A. CHT, Artist, Teacher